



UNIVERSITY OF MADRAS
INSTITUTE OF DISTANCE EDUCATION
[Established under the Act of Incorporation XXVII of 1857- Madras
University Act 1923]
(State University)

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PERSONAL CONTACT PROGRAMME - 2026

Diploma in Yoga and Diploma in Naturopathy and Yogic Science
Practical classes A25 batch - JUNE 2026 EXAM.

Dear Students,

Greetings. Please find the **PRACTICAL (OFFLINE)** Classes Schedule for **Diploma in Yoga and Diploma in Naturopathy and Yogic Science, A25 Batch Candidates**, admitted during the Academic year –2025- 2026, which is in the University Website. The **PRACTICAL (OFFLINE)** classes will be conducted on the following dates:

DATE OF PRACTICAL CLASSES			
Diploma in Yoga and Diploma in Naturopathy and Yogic Science Practical Classes, A25 Batch candidates for JUNE-2026 Examination			
S.No	Course	Classes Date	Time
1	Diploma in Yoga	01.06.2026	11.00 am to 12.30 pm
2	Diploma in Naturopathy and Yogic Science	To 05.06.2026	
Venue			
Department of Physical Education, University of Madras, Chetpet, Chennai - 600 031.			

In this regard, it was instructed to note the following:

1. Students who have paid the tuition fees alone will be permitted to attend the **PRACTICAL (OFFLINE)** Classes.
2. Students are advised to bring their identity card / tuition fees paid challan, note books, pens, pencil and Hall Ticket.
3. Students are not allowed to use mobile phones in the Classrooms.
4. Students are advised to make their own arrangements for attending the Classes.
5. Students should submit the record book on the same day.
6. **Attendance is compulsory for PRACTICAL (OFFLINE) Classes.**

Sd/.....
DIRECTOR I/c,

PERSONAL CONTACT PROGRAMME SCHEDULE- JUNE 2025 Exam
DIPLOMA IN YOGA & DIPLOMA IN NATUROPATHY AND YOGIC SCIENCE
PRACTICAL & VIVA VOCE EXAMINATION, A24 BATCH & ALL ARREAR
CANDIDATES

DIPLOMA IN YOGA

Date:28.02.2026 - 8 am

Total No of Students: 18

A24101DYG1001	A24101DYG6004	A24105DYG6001
A24101DYG1002	A24101DYG6009	A24105DYG6002
A24101DYG1003	A24101DYG6010	A24105DYG6004
A24101DYG6001	A24101DYG6011	A24754DYG6001
A24101DYG6002	A24105DYG1001	A24789DYG6001
A24101DYG6003	A24105DYG1004	A24794DYG6001

DIPLOMA IN NATUROPATHY AND YOGIC SCIENCE

Date:28.02.2026 - 8 am

Total No of Students: 26

A24101DNY6004	A24101DNY6022	A24105DNY6006
A24101DNY6007	A24101DNY6023	A24105DNY6007
A24101DNY6010	A24101DNY6024	A24105DNY6008
A24101DNY6015	A24101DNY6025	A24105DNY6010
A24101DNY6016	A24101DNY6026	A24105DNY6012
A24101DNY6018	A24101DNY6027	A24759DNY6001
A24101DNY6019	A24101DNY6028	A24789DNY6001
A24101DNY6020	A24101DNY6030	A24829DNY6001
A24101DNY6021	A24105DNY6002	