



# University of Madras

## Department of Counselling Psychology

*Cordially invites you to*  
***National Conference***  
*on*

### **“Internet Addiction: Challenges & Therapeutic Interventions for Millennium 2020”**

#### **Date**

5th March, 2020

#### **Venue**

F – 50 Hall  
University of Madras,  
Chepauk, Chennai





### **About the Conference**

Today's world is considered to be an era of technology. The internet has been lauded as the greatest invention since the wheel and is undeniably an integral part of modern life. Like other advanced technology including the printing press and the telephone it has had dramatic effects on society. This technology has changed the way individuals interact, shop, search for jobs, and get directions, how they work, and how they spend their leisure time. In its essence the internet is a facilitator of global communication and it has impacted the speed, quantity and accessibility for knowledge transfer. As our culture becomes increasingly dependent on such technologies, some individuals develop problematic behavior related to too much time spent on the internet. As our culture becomes increasingly dependent on such technologies, some individuals develop problematic behaviour related to too much time spent on the internet. Excessive use of the internet has been linked to significant impairment in critical areas of functioning including social, academic, career and physical health. Excessive forms of internet usage has shown that uncontrolled or compulsive use of the internet negatively affects psychological well-being. 'Internet Addiction' has been recognized as a threat to mental health and been included in the latest Diagnostic Statistical Manual.

The Department of Counseling Psychology, University of Madras, has organized the present National Conference to explore and experience the latest development in dealing with Internet Addiction.

### **About the Department:**

The Department of Counselling Psychology, University of Madras was started in the year 2015. The Department Offers PG, MPhil and Research (Ph.D) programs in Counselling Psychology. The Department also offers PG Diploma program in Counselling and Psychotherapy, Diploma in Learning Disability and Diploma in Autism Spectrum Disorder. Currently 150 students have registered under various programs in this Department. The courses are designed considering diversity in rapidly changing and globalized society, and the need for counselors in every field. Attention is also paid to the complex ecological influences on individuals, groups and communities. Our Master's and Doctoral programs address the needs of individuals, couples and families across the lifespan in terms of research, teaching and counseling practice. Annually, our students win "Best Paper" and have qualified for the National Eligibility Test for Assistant Professorship. Our first and second batch students were placed as corporate trainers, school/ college counsellors and college lecturers.

### **Themes for Paper Presentation**

The Department of Counselling Psychology invites scholars, students, faculty and practitioners to utilize this National Conference as a platform to present their research on Internet Addiction. The sub themes of Internet addiction have been identified and participants may present their research papers on the following sub themes.

1. Health Psychology
2. Family
3. Children & Adolescence
4. Counselling & Psychotherapy
5. Mental Health

**Organizing Secretary:** Dr. S. Thenmozhi, Professor & Head,  
Department of Counselling Psychology

**Instruction to Authors:** Abstract should be around 150 -250 words and should include aim, methodology and results. Full paper should be around 1800-2200 words including tables. APA format for journal articles should be followed.

**Last Date for the submission of abstract: 31.01.2020**

**Last date for the submission for full paper: 17.02.2020**

**National Conference**  
**“Internet Addiction: Challenges & Therapeutic Interventions for Millennium**  
**2020”**  
**(5<sup>th</sup> March 2020)**

**REGISTRATION FORM**

Name:

Designation:

Institute:

Paper Presentation: Yes / No (select one)

Contact Number:

Email address:

**Registration Fee (Inclusive of Lunch and Kit)**

<b>Category</b>	<b>Amount (Rs.)</b>
Student	300/-
Research scholar	500/-
Professionals	1000/-

**No spot registration will be allowed**

Mode of Payment (tick one): Cash / NEFT (Paytm payments will not be accepted)

Details of Online transfer

Transaction Reference :

Transaction date:

Details for NEFT

**Bank Account Details**

**Account Number: SB 6473576866**

**Account Name: CounPsySanative**

**Bank Name and Branch: Indian Bank, Madras University Campus Branch .**

**IFS Code: IDIB000M181**

Signature

The filled in Registration form must be emailed to [psyconide@gmail.com](mailto:psyconide@gmail.com) (or) Submitted to the Department of Counselling Psychology, University of Madras, Chepauk, Chennai –05.

For further details regarding registration

Email: [psyconide@gmail.com](mailto:psyconide@gmail.com)

Call: 044-25399878 / 044-25399879