

**PCP CLASSES & PRACTICAL EXAMINATION SCHEDULE  
FOR THE YEAR 2021 [ONLINE MODE]**

**P. G. DIPLOMA IN NATUROPATHY AND YOGIC SCIENCE**

**ZOOM MEETING ID: 645 670 7767 & Password: Dipyoga@2**

Date/Time	10.00 am to 11.30 am	11.45 am to 1.15 pm	1.45 pm to 3.15 pm	3.15pm to 4.30pm
30.06.2021	I	II	III	IV
01.07.2021	I	II	III	IV
02.07.2021	I	II	III	IV
03.07.2021	I	II	III	IV
04.07.2021	Practical Examination 7.00 am to 8.00 am			

Principles of Yoga and Naturopathy  
Basic Anatomy and Physiology  
Methods of Yoga Practices and Naturopathy  
Physiology and Mental Wellbeing

**DIPLOMA IN YOGA**

**ZOOM MEETING ID: 872 435 6154 AND Password: UNOMide@2**

Date/Time	10.00 am to 11.30 am	11.45 am to 1.15 am	1.30 am to 3.00 am	3.15pm to 4.30pm
30.06.2021	I	II	III	IV
01.07.2021	I	II	III	IV
02.07.2021	I	II	III	IV
03.07.2021	I	II	III	IV
04.07.2021	Practical Examination 8.00 am to 9.00 am			

Psychology  
Core Principles of Yoga Sutra  
Pranayama and Principles of Practice  
Ayurveda

## DIPLOMA IN NATUROPATHY AND YOGIC SCIENCE

**ZOOM MEETING ID: 437 972 0819 & Password: Dipyoga@2**

Date/Time	10.00 am to 11.30 am	11.45 am to 1.15 am	1.30 am to 3.00 am	3.15pm to 4.30pm
30.06.2021	I	II	III	IV
01.07.2021	I	II	III	IV
02.07.2021	I	II	III	IV
03.07.2021	I	II	III	IV
04.07.2021	Practical Examination 7.00 am to 8.00 am			

Principles of Yoga and Naturopathy  
Basic Anatomy and Physiology  
Asanas and Pranayama  
Physiology and Mental Wellbeing